

Class Times from January 2019

	Ninja Tikes 3 - 5 Years	Ninja Warriors 6 - 12 Years	TaeKwonDo Mixed Ages 5+ Years	TaeKwonDo Adults Only	Specialised Patterns or Blue Blets +	TaeKwonDo Sport	Ladies Ultrafit	Ladies Only Kickboxing Fitness Only	General Kickboxing For 6 - 60+ Yrs
Mon							10,00-10.35am	9.45-10.45am Ladies Only	
	4.10-4.50pm Tikes 3-5 years	5.00 - 6.00pm Warriors 6-12 yrs	6.15- 7.15pm Mixed Ages			6.15 - 8.00pm Sport TaeKwonDo	7.20-7.55pm Ladies Only	8.00-9.00pm Ladies Only	
Tues					6.15-7.15pm Blue Belts Plus				
	4.10-4.50pm Tikes 3-5 years	5.00 - 6.00pm Warriors 6-12 yrs	6.15- 7.15pm Mixed Ages	7.15 - 8.15pm Aduts Only	7.15-8.15pm Patterns			8.15-9.15pm Ladies Only	7.15-8.15pm From 6 - 60+ Years
Wed							10,00-10.35am		
	4.10-4.50pm Tikes 3-5 years	5.00 - 6.00pm Warriors 6-12 yrs				6.15 - 8.00pm Sport TaeKwonDo	7.20-7.55pm Ladies Only	8.00-9.00pm Ladies Only	
Thur					6.15-7.15pm Patterns			9.45-10.45am Ladies Only	
	4.10-4.50pm Tikes 3-5 years	5.00 - 6.00pm Warriors 6-12 yrs	6.15- 7.15pm Mixed Ages	7.15 - 8.30pm Adults Only	7.15-8.15pm Blue Belts Plus			8.15-9.15pm Ladies Only	7.15-8.15pm From 6 - 60+ Years
Fri							10,00-10.35am		
	4.10-4.50pm Tikes 3-5 years	5.00 - 6.00pm Warriors 6-12 yrs	6.15- 7.15pm Mixed Ages			6.15 - 8.00pm Sport TaeKwonDo		8.00-9.00pm Ladies Only	
Sat	9.40 - 10.20am Tikes 3-5 years	10.30 - 11.30am Warriors 6-12 yrs	11.40am -12.40pm Mixed Ages				9.00-9.35am		

**in the event of staff holidays please note that a temporary Timetable will operate during this period
Which may result in combining a few classes or slight day changes for a few members**